

Welsh Half Marathon Road Championships 2025

OYSHO Cardiff Half Marathon



Men	Name	Club	Gun Time
1	Dan Nash	Pontypridd Roadents	01:04:28
2	Jonathan Butler	Swansea Harriers	01:06:56
3	Daniel Hamilton	Pontypridd Roadents	01:07:19

V35	Name	Club	Gun Time
1	Jonathan Butler	Swansea Harriers	01:06:56
2	Matthew Rees	Swansea Harriers	01:11:19
3	Oliver Williams	Les Croupiers	01:11:42

V40	Name	Club	Gun Time
1	Ross Purchase	Porthcawl Runners	01:12:18
2	Geraint Williams	Porthcawl Runners	01:12:55
3	Craig Burrows	Bridgend AC	01:14:21

V45	Name	Club	Gun Time
1	Doug Nicholls	Pontypridd Roadents	01:15:30
2	Andrew How	Pontypridd Roadents	01:17:12
3	Lee Jones	Micky Morris Racing Team	01:19:47

V50	Name	Club	Gun Time
1	Matthew Jacklin	Aberdare Valley AAC	01:20:47
2	Paul Jones	Aberystwyth AC	01:24:06
3	Eddie Campbell-Adams	Llswerri Runners	01:24:12

V55	Name	Club	Gun Time
1	Ross Flannigan	Penarth and Dinas Runners	01:27:16
2	Andy Pearce	Penarth and Dinas Runners	01:28:44
3	Ian Clark	Aberdare Valley AAC	01:29:12

V60	Name	Club	Gun Time
1	George Walker	CDF Runners	01:27:06
2	Mark Williams	Clwb Rhedeg Pontardawe RC	01:31:02
3	John Lloyd	Brackla Harriers	01:36:36

V65	Name	Club	Gun Time
1	Dave Coles	Les Croupiers	01:34:02
2	Mike Davies	Albany Road Run Club	01:34:32
3	Anthony Gale	Penarth and Dinas Runners	01:45:09

V70	Name	Club	Gun Time
1	Dave Gibson	Tri Hard Harriers	01:30:14
2	Keith Brewer	Parc Bryn Bach RC	01:42:30
3	David Walker	Les Croupiers	01:49:05

V75	Name	Club	Gun Time
1	Malcolm Bradley	Penarth and Dinas Runners	02:00:40
2	Howard Attwood	Llswerri Runners	02:41:03
3	Glyn Anthony	TROTS	03:25:36

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Women	Name	Club	Gun Time
1	Natasha Wilson	Micky Morris Racing Team	01:12:58
2	Olivia Tsim	Pontypridd Roadents AC	01:15:02
3	Emma Powell	Western Tempo	01:18:13

V35	Name	Club	Gun Time
1	Gabriella Booth	Porthcawl Runners	01:23:39
2	Liz Dimond	Llswerry Runners	01:24:19
3	Bethan Griffiths	Llswerry Runners	01:32:33

V40	Name	Club	Gun Time
1	Louise Flynn	Les Croupiers	01:20:03
2	Lauren Mackie	Aberdare Valley AAC	01:30:12
3	Kimberley Price	Parc Bryn Bach RC	01:34:06

V45	Name	Club	Gun Time
1	Liz May	Pontypridd Roadents	01:31:37
2	Katie Williams	3M Gorseinon Road Runners	01:37:34
3	Leanne Powis	Porthcawl Runners	01:41:16

V50	Name	Club	Gun Time
1	Eleri Rivers	Sarn Helen	01:42:36
2	Melanie Williams	Brackla Harriers	01:45:27
3	Joanne Kilby	Parc Bryn Bach RC	01:50:51

V55	Name	Club	Gun Time
1	Susan Watson	Les Croupiers	01:44:15
2	Tracy Baker	Pony-Y-Pwl & District Runners	01:47:51
3	Michelle Gooch	Pony-Y-Pwl & District Runners	01:49:36

V60	Name	Club	Gun Time
1	Mary Anthony	TROTS	01:40:54
2	Jayne Evans	Caerphilly Runners	01:43:06
3	Caroline Morgan	Swansea Harriers	01:53:29

V65	Name	Club	Gun Time
1	Lindy Geyer	TROTS	01:35:40
2	Judi Rhys	Les Croupiers	01:55:24
3	Lon Morgan	TROTS	02:45:39

V70	Name	Club	Gun Time
1	Erika Fitzgibbon	Women Running Penarth	02:59:43
2	Ann Thomas	Port Talbot Harriers	04:29:38
3			

V75	Name	Club	Gun Time
1	Gwyneth Howells	Caerleon RC	04:06:10
2	Helen Lloyd Jones	Pegasus RC	04:34:27
3			

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Men	Name	Club	Position
1	Jake Smith	Pontypridd Roadents	10
	Daniel Nash	Pontypridd Roadents	15
	Daniel Hamilton	Pontypridd Roadents	28
			53
2	Jonathan Butler	Swansea Harriers	26
	Matthew Verran	Swansea Harriers	43
	Matthew Rees	Swansea Harriers	56
			125
3	Dylan Nazareth	Les Croupiers	41
	Oliver Williams	Les Croupiers	62
	Ben Kennedy	Les Croupiers	64
			167

Women	Name	Club	Position
1	Antoinette Rose	Lliswerry Runners	33
	Liz Dimond	Lliswerry Runners	35
	Emma Wookey	Lliswerry Runners	53
			121
2	Louise Flynn	Les Croupiers	22
	Stephanie Connaire	Les Croupiers	50
	Caitlin Williams	Les Croupiers	112
			184
3	Lauren Stockley	Parc Bryn Bach RC	38
	Kani Hinshelwood	Parc Bryn Bach RC	41
	Kimberley Price	Parc Bryn Bach RC	113
			192